**Speed Ball (Canoeing Wet Weather Activity)**

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| **Location** |
| Basketball Court |
| **Description** |
| This game uses the skills of both soccer and basketball. Participants are required to play the game and go between the two different skill sets depending on how the game is carried out. This game is an opportunity for participants to work together, and problem solve. |
| **Equipment/Resources** |
| * Two portable indoor soccer goals or tape to mark out a goals on the wall * Two basketball goals on opposing sides of the court. * A regular or indoor soccer ball. |
| **Age Suitability** |
| For safety reasons, this activity is for participants in Year 7 and above. |
| **AusVELS/Australian Curriculum Link** |
| * Use complex manipulative and locomotor skills in a range of movement environments (indoor, outdoor and aquatic). * Students consider the different tasks undertaken by officials to ensure a game or activity can proceed smoothly * Students learn about outdoor adventure activities to enable them to better understand the nature of outdoor environments and how they can prepare themselves for safe involvement in such activities * They begin to explore the relationship between safety, risk and challenge, with an emphasis on developing their knowledge and understanding of strategies and skills to reduce harms, prevent accidents and create safe and supportive environments   (Victorian Curriculum and Assessment Authority) |
| **Ratios** |
| 1 school staff supervisor to 1-20 participants/students. |
| **Activity Staffing** |
| The leader is responsible for overall supervision, behaviour and safety of the campers at an activity, to and from the activity and for those campers awaiting their turn. |
| **Leader Experience Required** |
| Leaders must know the rules of both soccer and basketball. |
| **Assistant Experience Required** |
| Assistants must know the rules of both soccer and basketball. |
| **Participant Experience Required** |
| Students should have minimal knowledge of the rules of soccer and basketball. They should also know the concepts of catching (trapping), passing and shooting both a soccer ball and a basketball. |
| **Activity Structure**  **Aim** |
| This activity is designed to give students a variation on indoor soccer. It combines aspects of indoor soccer and basketball and allows learners that are not well practiced in either sport to be successful. |
| **Focus** |
| For students to use the correct rules when playing the game, work as a team, and communicate. |
| **Before you start** |
| Ensure the space that it is to be played in is safe and app equipment is available. |
| **Set Up** |
| * Set up the goals at either end of the court under the basketball rings or create the goals with tape. * Ensure ball is pumped up. |
| **Procedure** |
| 1. Prior to commencing the game, rules need to be explained to the participants.    * Each team will set up on the side of the court facing their goal.    * The leader will begin play by placing the ball at centre court. The offensive team will start the game by kicking it backwards to a teammate. The teams will then start playing indoor soccer, trying to score in the goals on their opponents' side.    * Each team has a goalie that cannot go beyond the 3point mark on the court.    * The teams will play indoor soccer until the ball is kicked in the air.    * If the ball is caught before it hits the ground, then the catching team begins trying to score in the basketball goal. A player may pass the ball to a teammate, who may also catch it with his/her hands, and proceed toward their team's goal.    * Players are not allowed to kick the ball up to themselves, but may kick or head the ball to a teammate directly or off the wall/bleachers. Players are not allowed to dribble and can only take 2 steps with the ball. The players will shoot at their basket until scoring or turning the ball over. If the shot is missed, live play resumes. If the opposing team intercepts, steals or rebounds a missed attempt, they then switch direction and go toward their goal on the opposite end.    * While in either discipline (soccer or basketball) teams may only score on the appropriate goal for that sport. If the ball hits the ground for any reason, the game automatically reverts back to indoor soccer. Players may also drop the ball intentionally to go back to soccer, but may only do so outside of the three point arch their intended goal is located in.    * Any type of goal gives the scoring team one point. After a goal the ball is returned to half court, where the opposing team takes over possession.    * Winning team is the team to score 10 points. 2. Once the game has been explained divide participants into 2 teams. 3. In their teams participants practice their soccer and basketball skills, kicking the ball to each other and passing. 4. Game commences, the winning team is with first team to get to 10 points. |
| **Closure** |
| Open discussion of aspects enjoyed, could improve on. |
| **Pack Up** |
| * Remove tape from the walls. * Pack up equipment. |

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